

2008-2009 Tentative Fall / Winter Short Course Practice Schedule

**PRACTICE TIMES ARE SUBJECT TO CHANGE**

Pool	Mon	Tues	Wed	Thurs	Fri	Sat
AM Norris						900-1030 Red 900-1030 Yellow
AM North						1030-1200 Black
PM Norris	515-545 Pre-Team Grp I 550-620 Pre-Team Grp II 515-615 Green 500-700 Yellow	515-545 Pre-Team Grp I 550-620 Pre-Team Grp II 515-630 Blue 500-630 Red 630-800 Black	515-545 Pre-Team Grp I 550-620 Pre-Team Grp II 515-615 Green 500-700 Yellow	515-545 Pre-Team Grp I 550-620 Pre-Team Grp II 515-630 Blue 500-630 Black 630-800 Red	500-700 Black 500-700 Yellow	
PM North	515-645 Red 630-800 Black	600-800 Yellow	515-645 Red 630-745 Blue	600-800 Yellow	515-630 Blue 630-730 Green	

## September 2008

### SCST AGE GROUP PRACTICE CALENDAR *(Practices are subject to Change)*

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday																																																																																																		
<b>1</b> Labor Day	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>																																																																																																		
<b>8</b> <div style="border: 1px solid blue; padding: 2px; width: 80%; margin: 5px auto;">1st Day of the 2008 - 2009 Fall/Winter Short Course Season</div> <div style="border: 1px solid blue; padding: 2px; width: 80%; margin: 5px auto;">Practice Officially Begins for the Gree, Red, Black, Yellow and Senior Teams</div>	<b>9</b> <div style="border: 1px solid blue; padding: 2px; width: 80%; margin: 5px auto;">Practice Officially Begins for the Blue Team</div>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>																																																																																																		
<b>15</b> <div style="border: 1px solid blue; padding: 2px; width: 80%; margin: 5px auto;">First Session of Pre-Team Begins</div>	<b>16</b> <div style="border: 1px solid red; padding: 2px; width: 80%; margin: 5px auto;">No Practice for Blue, Red, Black and Yellow Teams</div> <div style="border: 1px solid blue; padding: 2px; width: 80%; margin: 5px auto;">St. Charles Swim Team New Parents Meeting (Everyone is Invited) @ St. Charles East High School Little Theater 5:30pm</div>	<b>17</b>	<b>18</b>	<b>19</b> <div style="border: 1px solid red; padding: 2px; width: 80%; margin: 5px auto;">No Practice for Green and Blue Teams (St. Charles North High School)</div>	<b>20</b> <div style="border: 1px solid purple; padding: 2px; width: 80%; margin: 5px auto;">Change of Practice for the Black Team - 7:00-9:00am at St. Charles North</div>	<b>21</b>																																																																																																		
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>																																																																																																		
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## October 2008

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Columbus Day				No Practice for Pre-Team, Blue, Red, Black and Yellow Teams (SCE and SCN Home Meets)		No Practice for Blue, Black and Yellow Teams		No Practice for Red, Black and Yellow Teams																																																							
				St. Charles Swim Team New Families Meeting @ TBA (Ask the Questions you Forgot to Ask)		NSSC October Fest Invitational @ Glenbrook North High School																																																									
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West Chicago Fall Frenzy @ West Chicago High School																																																																																										
Western Great Lakes Open @ Brown Deer, Wisconsin (Qualifier - see your Coach)																																																																																										
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Holiday Practice Schedule - To Be Announced																																																																																										

## December 2008

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	No Practice for the Yellow Team (SCN High School Meet)			No Practice for the Blue, Black and Yellow Teams	No Practice for the Red, Black and Yellow Teams																																																																																															
				Wheaton Swim Club Invitational @ Nequa Valley High School																																																																																																
				Waukesha Nike Challenge @ Waukesha South High School (Qualifier - see your Coach)																																																																																																
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Martin Luther King, Jr.	No Practice for the Yellow Team (SCN High School Meet)			No Practice for the Yellow Team	No Practice for the Red and Yellow Teams																																																																																							
					Practice Change for the Black Team - Norris Rec. Center 9:00-10:30am																																																																																							
NTSC Tri-State Challenge @ New Trier High School (Qualifier - see your Coach)																																																																																												
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## February 2009

### SCST AGE GROUP PRACTICE CALENDAR *(Practices are subject to Change)*

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CASL Silver Conference Championship @ TBA				Last Day of Practice for Green and Blue Swimmers not Qualifying for Championship Meets	Last Day of Practice for Red, Black and Yellow Swimmers not Qualifying for Championship Meets	CASL Gold Conference Championship @ TBA																																																																																											
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				ISI Regional Championships @ To Be Announced (Qualifier - see your Coach)																																																																																													

## March 2009

### SCST AGE GROUP PRACTICE CALENDAR *(Practices are subject to Change)*

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## April 2009

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## May 2009

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